



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK THREE
Served weeks commencing:
29th April

MONDAY

MAIN COURSES

Golden Crumbed Fish Fingers

Or

Creamy Chicken & Broccoli
Pasta with Garlic Bread

SIDES

Sweetcorn & Red Peppers

And

Chips

DESSERT

Ice-Cream with Pears &
Chocolate Sauce

TUESDAY

MAIN COURSES

Homemade Cottage Pie

Or

Homemade Margherita Pizza

SIDES

Broccoli / Roasted Butternut
Squash

And

Oven Baked Potato Wedges

DESSERT

Summer Fruit Cheesecake

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

Or

Beef Meatballs with Tomato &
Basil Sauce

SIDES

Green Beans / Baton Carrots

And

Steamed Rice / Spaghetti

DESSERT

Sticky Toffee Pudding &
Custard

THURSDAY

MAIN COURSES

School "Chippy Day"
Chicken Goujon/Sausage

Or

SIDES

Beans/Peas

And

Chips

DESSERT

Frozen Fruit Smoothie

FRIDAY