



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK THREE

Served weeks commencing:
24 June

MONDAY

MAIN COURSES

Sausages

Or

Creamy Chicken & Broccoli
Pasta with Garlic Bread

SIDES

Sweetcorn

And

Chipped Potato/Coleslaw

DESSERT

Fruit Smoothie

TUESDAY

MAIN COURSES

Steak Burger in Bap

Or

Homemade Margherita Pizza

SIDES

Spaghetti Hoops

And

Oven Baked Potato Wedges

DESSERT

Flakemeal Biscuit & Fruit

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

Or

Beef Meatballs with Tomato &
Basil Sauce

SIDES

Green Beans / Baton Carrots

And

Steamed Rice / Pasta Spirals

DESSERT

Rice Krispie Square

THURSDAY

School "Chippy Day"

Chicken Goujon/Sausage

Sweetcorn /Beans

And

Chipped Potato

Dessert

Ice Cream Slider

FRIDAY

Happy
Summer
Holidays