

# EAT SMART WITH THE LUNCH BUNGA

ea catering

Served weeks commencing:



# MONDAY

# **TUESDAY**

# WEDNESDAY

# **THURSDAY**

# **FRIDAY**

## **MAIN COURSES**

**Golden Crumbed Fish Fingers** 

Or

Freshly Baked Ham & Cheese Panini

## SIDES

**Baked Beans & Garden Peas** 

And

Chipped/Mashed Potato

#### **DESSERT**

**Homemade Flakemeal Biscuit** 

## **MAIN COURSES**

**Pasta Bolognaise** 

Or

Homemade Margherita Pizza

#### **SIDES**

**Sweetcorn / Diced Carrots** 

And

Oven Roasted Potato Wedges

#### DESSERT

Mandarin Orange Sponge & Custard

#### **MAIN COURSES**

Chicken Curry & Naan Bread

Or

**Baked Pork Sausages & Gravy** 

## SIDES

**Garden Peas & Baton Carrots** 

And

**Boiled Rice / Mashed Potato** 

#### DESSERT

**Arctic Roll and Peaches** 

## **MAIN COURSES**

Roast Gammon, Stuffing & Gravy

Or

**Quorn Dippers** 

#### SIDES

Broccoli/Carrots

And

Mashed / Oven Roast Potato

#### DESSERT

Homemade Brownie & Orange Wedges

## **MAIN COURSES**

Chicken Goujons & Sweet Chilli Dip

Or

Roast Mediterranean Vegetable Pasta Bake

#### SIDES

Spaghetti Hoops / Sweetcorn

And

Chipped / Baby New Potatoes

#### **DESSERT**

Fruit Muffin with Pure Apple / Orange Juice