



# EAT SMART WITH THE LUNCH BUNCH

ea catering

Week commencing  
13<sup>th</sup> May 2024

## MONDAY

### MAIN COURSES

Beef Bolognaise

OR

Chicken Goujon Wrap

### SIDES

Sweetcorn / Broccoli

And

Pasta Spirals / Potato

### DESSERT

Chocolate & Orange Cookie

## TUESDAY

### MAIN COURSES

Breaded Fish & Lemon Mayo

Or

Homemade Margherita Pizza

### SIDES

Mushy or Garden Peas / Baked Beans

And

Chipped Potato

### DESSERT

Raspberry Jelly & Two Fruits

## WEDNESDAY

### MAIN COURSES

Chicken Curry & Naan Bread

Or

Ham/Cheese Panini

### SIDES

Diced Carrots & Green Beans

And

Rice/Potato Wedges

### DESSERT

Fruit Sponge & Custard

## THURSDAY

### MAIN COURSES

Roast Loin Of Beef Stuffing & Gravy

Or

Salmon

### SIDES

Carrot/Parsnip

And

Mashed / Oven Roast Potato

### DESSERT

Pavlova

## FRIDAY

### MAIN COURSES

Hot Dog with Tomato Ketchup

Or

Chicken Pie

### SIDES

Spaghetti Hoops / Sweetcorn

And

Chipped Potato/Mashed Potato

### DESSERT

Ice-Cream & Mandarin Oranges