



# EAT SMART WITH THE LUNCH BUNCH

ea catering  
WEEK FOUR

Served weeks commencing:  
11 March

## MONDAY

### MAIN COURSES

Sausage Roll

Or

Chicken & Caribbean Rice  
with Naan Bread

### SIDES

Baked Beans / Garden Peas

And

Chips Potato

### DESSERT

Ice-Cream & Two Fruits

## TUESDAY

### MAIN COURSES

Chicken Curry & Naan Bread

Or

Pepperoni Pizza

### SIDES

Sweetcorn / Baton Carrots

And

Boiled Rice / Oven Roasted  
Wedges

### DESSERT

Jaffa Cake Pots

## WEDNESDAY

### MAIN COURSES

Breaded Fish & Lemon Mayo

Or

Beef Lasagne / Garlic Bread /  
Coleslaw

### SIDES

Garden Peas / Diced Carrots

And

Mashed / Baby Potato

### DESSERT

Fresh Fruit & Yoghurt

## THURSDAY

### MAIN COURSES

St Patricks Special

Sausage/Bacon  
Potato Bread

### SIDES

Beans

And  
Chips

### DESSERT

Iced Sponge

## FRIDAY

### MAIN COURSES

School Closed