



EAT SMART WITH THE LUNCH BUNCH

ea catering

Week commencing
10th June 2024

MONDAY

MAIN COURSES

Beef Bolognese

Or

Chicken Goujon

SIDES

Sweetcorn / Broccoli

And

Pasta Spirals / Mashed
Potato

DESSERT

Chocolate Brownie

TUESDAY

MAIN COURSES

Breaded Fish

Or

Homemade Margherita
Pizza

SIDES

Mushy or Garden Peas /
Baked Beans

And

Chipped Potato

DESSERT

Raspberry Jelly & Two Fruits

WEDNESDAY

MAIN COURSES

Chicken Curry & Naan Bread

Or

Chinese-style Beef &
Vegetables

SIDES

Diced Carrots & Green Beans

And

Rice

DESSERT

Fruit Sponge & Custard

THURSDAY

MAIN COURSES

Roast Gammon Stuffing &
Gravy

Or

Salmon

SIDES

Carrot/Parsnip

And

Mashed / Oven Roast Potato

DESSERT

Pavlova

FRIDAY

MAIN COURSES

Hot Dog with Tomato
Ketchup

SIDES

Spaghetti Hoops

And

Chipped Potato

DESSERT

Ice-Cream & Mandarin
Oranges