



PLEASE CIRCLE EVERY  
DINNER CHOICE & write total  
money enclosed for Dinner & Break

# St Mary's Primary School, Cushendall

## Menu 5<sup>th</sup> - 9<sup>th</sup> September 2022

Name: \_\_\_\_\_ Class: \_\_\_\_\_

Welcome back to school everyone 😊  
Parent Information envelopes will be sent home  
next week, please read the contents carefully  
and return Data Collection & Consent Forms  
to the school office immediately.

MONDAY	£2.60	TUESDAY	£2.60	WEDNESDAY	£2.60	THURSDAY	£2.60	FRIDAY	£2.60	TOTAL MONEY
Oven Baked Sausages, Beans & Mashed Potatoes		Breaded Fish Fillet, Sweetcorn, Peas & Mashed Potatoes		Roast Breast of Chicken, Stuffing, Gravy, Green Beans, Carrots, Oven Roast & Mashed Potatoes		Chicken Curry, Boiled Rice, Peas & Naan Bread  <b>OR</b> Baked Potato & Tossed Salad		Steak Burger & Bap,  Chips <b>OR</b> Baked Potato  & Tossed Salad, Coleslaw		
Artic Roll & Sliced Peaches		Frozen Yoghurt & Pineapple		Chocolate Brownie & Milkshake		Apple Sponge & Custard		Flakemeal Biscuit & Fruit		
<b>Money Encl.</b>										£
<b>MORNING BREAK</b>										
Toast	30p	Toast	30p	Toast	30p	Toast	30p	Toast	30p	
Baguette	30p	Baguette	30p	Baguette	30p	Baguette	30p	Baguette	30p	
Apple	30p	Apple	30p	Apple	30p	Apple	30p	Apple	30p	
Scone	30p							Scone	30p	
<b>Money Encl</b>										£
<b>Cost of Dinner is £2.60 / Day      Menu Is Subject To Change</b> <b>Bread served alongside every meal</b>										£
<b>ANYONE WITH ALLERGENS MUST INFORM SCHOOL IMMEDIATELY</b>										

Please read all details on Menu carefully and complete all required boxes including NAME

**PLEASE SEND CORRECT MONEY WITH EACH INDIVIDUAL CHILD IN A SEALED PLASTIC BAG**  
**(CHILDREN CANNOT BREAK CLASS BUBBLES)**

All children will eat in their classrooms.  
 Break & Dinner Times:      P1 – P4 - 10.30am & 12.30pm      P5 – P7 - 10.45am & 12.50pm

# IMPORTANT INFORMATION

In the interest of Health & Safety

CHILDREN **SHOULD NOT** BRING FLASKS  
containing **HOT FOOD & LIQUIDS** into school

**WATER BOTTLES SHOULD ONLY CONTAIN**  
**WATER**

Children **SHOULD NOT** bring  
Diluting Juice, Fruit Juice, Fizzy Drinks or Flavoured Water to school

## Healthy Lunch Boxes:

We will be continuing our 'Healthy Lunchboxes' for every day and we would ask for your support.

- ✚ Children are not allowed to share food with others.
- ✚ Food not eaten will be returned home in lunchboxes to ensure that parents know what their child has or hasn't eaten.
- ✚ Fizzy drinks are not permitted at any time.
- ✚ On a Friday one small treat may be sent for lunchtime.
- ✚ Can I also remind you that St Mary's is a **'Nut Free Zone'** and children are asked not to bring nuts or products containing traces of nuts into school/nursery at any time.

Healthy Choices	Unhealthy Choices
Fruit	Dairylea Dunkers
Vegetables	Lunchables
Yoghurt	Ritz Crackers
Cheese	All Crisps
Pancakes	Chocolate
Rolls	Sweets
Wheaten Bread	Flavoured Water
Sandwiches	Croissants
Cream Crackers	Cereal Bars
Water	Milkshakes

